

Sadberge Coronavirus Support Network



Background

As you are aware, the Government is advising everyone to stop non-essential contact with others and, in particular is advising people over 70 and those with underlying health conditions to stay at home and avoid all contact with other people for 12 weeks starting this weekend.

Also, if any member of a household develops coronavirus-like symptoms the whole household is going to have to self-isolate for (at least) 14 days.

This is going to affect a significant number of Sadberge residents. Some will be able to get support from family members and some may be able to order food via supermarkets' online shopping arrangements, but others will find it difficult to obtain supplies.



The Sadberge Coronavirus Support Network

A number of village organisations, including the Parish Council, the Church and the Village Hall, are getting together to set up a support network of volunteers who will provide help and support for Sadberge residents affected by the coronavirus restrictions.

The Network Co-ordinator will be **Emma Parker**, and there will be a Network Steering Committee consisting of Emma, Tony Delderfield (Clerk to the Parish Council), The Reverend Sue Chew, Richard Bloodworth (Church Treasurer) and Alastair Mackenzie (Village Hall Trustee).

See the other side of this flyer for further details and information about how you can get involved.

What we can do to help

- Shopping for you
- Collecting shopping
- Dog walking
- Collecting prescriptions
- A phone contact for a chat
- Posting mail

If you think you might need support

Phone Emma Parker (07725-443409), who will take your details and arrange to give you a leaflet explaining the details of how the scheme works.

Please don't be shy about asking for support
You're part of our community, and we want to help.

If you'd like to be a volunteer

If you would like to become one of the network volunteers, please contact Emma Parker. She'll need to know how you can help and when you're likely to be available.

Network Rules

All the volunteers will be Sadberge residents and will be personally known to at least one member of the Network Steering Committee.

The volunteers will not go into people's houses, and will stand at least 2 metres back from the front door when delivering shopping, etc.

There will be arrangements for people to make payments to the network - e.g. for shopping, etc. - by cheque, bank transfer or, if necessary, in cash.

